



The Charlotte Contra Dancers proudly present Carolina Meltdown 2024 - March 8-10, 2024

	Activity	Talent	Location	Notes
Friday				
4p	Check-In Begins		Main Hall	
7-9p	Welcome Contra I	Syncopaths & Seth Tepfer	Main Hall	
9:15-11:15p	Welcome Contra II	Drive Train & Diane Silver	Main Hall	
Saturday				
8-8:45a	Gentle Yoga	Hampton Thrower	Main Hall	
8:30-9a	Breakfast	Serving line closes at 9:00!	Contrateria	
9-9:50a	Morning Waltz	Syncopaths	Main Hall	
10-11:45a	Smooth Contras	Syncopaths & Seth Tepfer	Main Hall	Smooth Contras: Contras that flow with transitions that sail along with limited momentum changes. Some easy, some challenging, all will keep you happily moving from neighbor to partner.
10-11:45a	Waltz Workshop: Foundations	Warren & Terry Doyle	Contrateria	Quickly learn the basics steps and then 1 or two variations! A great way to get started.
12-12:30p	Lunch	Serving line closes at 12:30!	Contrateria	
1p-3p	Roots Contra	Drive Train & Diane Silver	Main Hall	Roots contra is a cross between historical dancing and the modern contra scene. It is a celebration of traditional New England fiddle tunes and contra dances, like those from the hey-day of the contra revival of the 1970s and 80s.
1p-2p	Waltz Workshop: Digging Deeper	Warren & Terry Doyle	Contrateria	Review of the basics steps with 5 or 6 new variations and flourishes!
2:10p-3p	Dutch Crossing	Seth Tepfer	Contrateria	Dutch Crossing, a dance performed in a 4-by-4 formation of 8 couples, is a crowd favorite at dance weekends. Come be part of one of our Sweet 16s and see what all the fuss is about!

3:10p-5p	Rushfest!	Emily Rush	Main Hall	Contra dancing to your favorite pop hits, from Frank Sinatra to Journey to Beyoncé hosted by the unsinkable Emily Rush
3:10p-4:10p	Salty Dog Rag	Diane Silver	Contrateria	The Salty Dog Rag is an American novelty dance and hit 1952 song made famous by Red Foley. It has two verses and a chorus, each with specific choreography. In this workshop we'll learn each piece in sequence and then put it all together!
4:15p-5p	Musicians Jam	Led by Ed Howe	Amphitheatre	
4:15p-5p	Callers Workshop	Seth Tepfer	Contrateria	
Saturday	Activity	Talent	Location	Notes
5:15-5:45p	Dinner	Serving line closes at 5:45!	Contrateria	
7-9p	Contra	Drive Train & Seth Tepfer	Main Hall	
9-9:15p	Cookie Social	Please bring your favorite cookies to share!	Main Hall	
9:15-11:15p	Contra	Syncopaths & Diane Silver	Main Hall	
12:00a	Daylight savings time starts. Yikes!	Reset your clock!		
Sunday				
8-8:45a	Gentle Yoga	Hampton Thrower	Main Hall	
8:30-9a	Breakfast	Serving line closes at 9:00!	Contrateria	
9-9:50a	Morning Waltz	Drive Train	Main Hall	
9-9:50a	Sunday Sing	led by Christa Burch	Contrateria	
8-10:30a	Clean up - Pack up - Vacate Cabins - Please!	Thank you!		Cabin check out is Sunday, 10:30AM. Please vacate the cabin by this time. Dancing cannot resume until all cabins are vacated
10:30-11:50a	Penultimate Contra	Drive Train & Diane Silver	Main Hall	
12-12:30p	Lunch	Serving line closes at 12:30!	Contrateria	
1:15-2p	Waltzing	Syncopaths	Main Hall	
2-4p	Farewell Contra	Syncopaths & Seth Tepfer	Main Hall	

No alcohol, no pets, no camping, no unsupervised children, no sleeping in vehicles at Camp Thunderbird! Thanks for your cooperation!
Sound engineer: Ed Howe